

# Women’s Health MOSC Exam Content Outline and References List

## MOSC Exam Content Outline

<b>1 Knowledge</b>	<b>11</b>
A. Foundation Sciences	
B. Clinical Sciences	
C. Behavioral Sciences	
<b>2 Patient/Client Management</b>	<b>60</b>
A. Screening	
B. Examination	
C. Evaluation	
D. Diagnosis	
E. Prognosis	
F. Coordination, Communication, Documentation	
G. Procedural Interventions	
H. Outcomes	
<b>3 Professional Practice Expectations</b>	<b>29</b>
A. Communication	
B. Individual and Cultural Differences	
C. Professional Behavior	
D. Professional Development	
E. Critical Inquiry and Clinical Decision Making	
F. Evidence-Based Practice	
G. Education	
H. Leadership	
I. Social Responsibility and Advocacy	
J. Administration	
K. Consultation	
	<b>100</b>

For additional details on these exam content domains, review chapter 2 of your provided **Description of Specialty Practice.**

## Resource and Reference Access Tips When Preparing for and Taking the MOSC Exam

Test-takers have multiple resources available to them for studying:

- “[Bookshelf](#),” a collection of online government reports and books, is accessible via [PubMed](#) (resource freely accessible).
- PubMed Central, known as [PMC](#), contains 9.2 million full text articles (resource freely accessible).
- APTA members have additional access to scientific literature via [APTA Article Search](#) databases and [Rehabilitation Reference Center](#) (RRC). APTA Article Search includes access to more than 5,000 journals in full text, plus more than 9 million health care articles through our discovery service. RRC contains 800+ clinical summaries about health conditions that physical therapists see regularly in the clinic, plus a small collection of reference books; take the short 5-minute RRC [tutorial](#) to learn more. Questions? Message [articlesearch@apta.org](mailto:articlesearch@apta.org).

## Suggested Reference list for MOSC Exam

The following list was developed by the members of the Women’s Health Specialty Council as a guide to suggested references/resources to prepare for the MOSC exam. These resources were identified to provide an

example of resources offering the most up-to-date and evidenced-based practice while also being widely used in women's health physical therapy practice.

- [American Journal of Medicine](#)
- [American Journal of Obstetrics and Gynecology](#)
- [American Urogynecologic Society](#)
- [Gastroenterology](#)
- [Journal of Lymphedema](#)
- [Journal of Midwifery and Women's Health](#)
- [Journal of Osteoporosis](#)
- [Journal of Women's and Pelvic Health Physical Therapy](#)
- [Journal of Women's Sports Medicine](#)
- [Journal of Urology](#)
- [North American Menopause Society](#)
- [Pelvic, Obstetric and Gynecological Physiotherapy Pelvic Health](#)

**Last Updated:** 9/14/2023

**Contact :** Spec-Recert@apta.org